

Shenandoah Restaurant Menu

Appetizers

- Calamari* - Baby squid dusted in flour and flash fried served with cocktail sauce - \$8.95
Hungarian Hot Peppers - Sautéed with sausage, potato, garlic and tomato - \$10.95
*Kibbeh Nayee ** - Raw ground beef tenderloin with ethnic spices - \$13.95
*Beef Tenderloin Tips ** - Cajun style beef tenderloin with portobello mushrooms and Shenandoah Zip Sauce - \$9.95
Portabella Mushrooms - Oven roasted marinated mushrooms and topped with Shenandoah Zip Sauce - \$8.95
Devil Shrimp - Four jumbo shrimp sautéed with spicy tomato sauce served on toast points - \$12.95
Hummus - Garbanzo beans with tahini, lemon and garlic - \$8.95
Baba Ghannoug - Fire roasted eggplant with tahini and garlic - \$9.95
Beef Chili Fry - Beef tenderloin sautéed with green peppers, onion and fresh tomato - \$12.95
Chicken Chili Fry - Sautéed dice chicken breast with green peppers, onion and fresh tomato - \$10.95
Quails - 2 Farm raised broiled quails topped with pomegranate caramelized onions - \$9.95
Jajeek - Diced cucumbers with yogurt, garlic and lemon - \$8.95

Soup and Sides

- Lentil Soup* - \$2.95
Soup of the Day - \$2.95
Shrimp - \$3.95
Cottage Fries - \$2.95

Salad

- Shenandoah* - Fresh julienne romaine lettuce, diced cucumbers, tomatoes, green onions, capers tossed with extra virgin olive oil and lemon juice - \$8.95
Iraqi - Fresh diced cucumber, garbanzo beans, beets and tomato - \$9.95
Tabbouleh - Parsley with wheat, fresh diced tomato, green onions, olive oil and fresh lemon - \$9.95
Fattoush - Fresh romaine lettuce with sumac, tomatoes, radishes, syrian bread and oil - \$9.95
Turkey - Romaine lettuce, tomatoes, cucumbers, turkey, syrian cheese and house dressing - \$9.95

Middle Eastern Specialties

- Combination Platter (minimum of 3 people)* - \$23 per Person -
Beef tikka, beef kufta, chicken tikka, and choice of two: chicken cream chop, fried shrimp and grilled quails

All Middle Eastern Entrées Served with Rice and Burghul

- Beef Tikka ** - Beef tenderloin grilled over open flame with roasted peppers, onions and tomato - \$20.95
Chicken Tikka - Fresh grilled chicken grilled over open flame with roasted peppers, onions and tomato - \$17.95
Beef Kufta - Ground beef skewers grilled over open flame with peppers, onions and tomato - \$16.95
Chicken Kufta - Ground chicken skewers with fresh herbs and spices served with peppers, onions and tomato - \$15.95
Quails - Broiled farm raised quails topped with pomegranate caramelized onions - \$17.95

Entrées

Served with Whipped Potatoes and Vegetables

Steaks

Shenandoah Beef Cutlet * - Beef tenderloin pounded thinly sautéed with eggplant, tomatoes, garlic and olive oil served with mediterranean cottage fries - \$18.95

Filet Mignon * - Center cut Filet Mignon topped with Shenandoah Zip Sauce - \$28.95

Fish

Salmon Scaloppini - Atlantic salmon sliced and sautéed with shrimp, leeks and a light cajun cream sauce - \$19.95

Ahi Tuna * - Pan seared rare cajun style, served with yuzu miso sauce - \$19.95

Encrusted Lake Superior White Fish - Fresh lake superior white fish encrusted with italian bread crumbs and fresh herbs - \$18.95

Shrimp Shenandoah - Five jumbo shrimp lightly crusted with bread crumbs and sautéed with garlic lemon white wine - \$21.95

Battered Shrimp - Served with cocktail sauce- \$21.95

Iraqi National Dish

Masgoof - 4lbs. Fresh lake superior whole white fish served with khalta and amba - \$48.95

Chicken

Chicken Shenandoah - Lightly breaded chicken breast topped with lemon garlic white wine sauce - \$16.95

Chicken Cutlet - Thinly pounded chicken breast lightly breaded sautéed in olive oil served with mediterranean cottage fries - \$16.95

Pasta

Spaghetti Bolognese - Imported spaghetti noodles tossed with a rich meat sauce - \$11.95

Penne Palomino - Penne noodles tossed with a creamy tomato sauce - \$14.95

Fettuccine Alfredo - Fettuccine noodles tossed with rich cream sauce - \$14.95

* Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

Tuesday, November 30, 2010